



# Virginia Valor FC Player and Parent Commitment Agreement and Assumption of Risk

*Please read the following rules and guidelines for U9 to U19 travel soccer players in Virginia Valor FC Travel Soccer.*

**Congratulations!** Virginia Valor FC welcomes you and looks forward to having you as part of our club. We are excited about the upcoming soccer year, and we hope you are too!

Now that you have verbally accepted an offer to join one of our teams, the club requires you to formally acknowledge your commitment to play and participate with the club during the next year by signing this document.

## Player and Parent Commitment Confirmation

Recognizing that soccer is a demanding sport, and that playing travel soccer requires commitment and dedication, we hereby accept a spot on a Virginia Valor FC team and understand that we are expected to make soccer our priority sport for the fall, winter and spring seasons. The seasonal year begins in August and goes through mid-June. High school-age players in the ECNL-RL program will play league games and showcase events through the winter period. Accordingly, any other sport should be secondary to soccer training sessions, games and tournaments during these seasons.

We understand and expect our coaches to provide a challenging and fun environment to learn, and to love the game of soccer. The coaches will also expect individual work, both solo and/or in small groups, to accelerate the development process. This extra work will be outlined by your coach through verbal feedback and written evaluations. Hard work and commitment are qualities needed to excel in any sport, and we expect our players to approach their participation in Virginia Valor FC programs with this mindset. By signing this agreement, a player is making a binding commitment to participate in every event the team schedules, thereby enhancing their development and contributing to the team's success.

## Player Obligation

**As a travel soccer player and as a teammate on a Virginia Valor FC team I will:**

- Make soccer my priority sport for the fall and spring seasons.
- Stay informed about club and team activities by reading team and club emails and checking team and club websites.
- Be on time and attend ALL practices, games, and other team events, notifying my coach promptly if I am unable to attend.
- Commit to attending ALL team league games (including Spring Break weekend), tournaments (most on holiday weekends), and State Cup play (Saturdays).
- Communicate frequently with my coaches and listen to their instructions.
- Focus and work hard during all team events.
- Practice soccer skills and conditioning on my own.
- Accept my coach's tactical decisions (player positioning, playtime, etc.).
- Respect my teammates and offer only positive encouragement.
- Abide by all club, league, tournament, and event codes of conduct.
- Maintain a positive attitude and never quit.
- Not act in any way that is detrimental to the team or Virginia Valor FC.



# Virginia Valor FC Player and Parent Commitment Agreement and Assumption of Risk

## Consequences of Misconduct:

Failure to adhere to the above guidelines may result in disciplinary actions, including but not limited to:

- Verbal warnings.
- Written warnings.
- Suspension from games or practices.
- Dismissal from the team or club.

By committing to Virginia Valor FC, players agree to uphold this Code of Conduct, contributing to a positive and respectful soccer environment.

## Parent Obligation

**As a parent of a travel soccer player on a Virginia Valor FC team I will:**

- Accept my player's team placement.
- Stay informed about club and team activities by reading emails and checking websites.
- Pay all club and team fees, submit required forms, and purchase the club uniform kit by the due dates.
- Attend and participate in all team meetings.
- Ensure my player is on time and attends ALL practices, games, and other team events, notifying the coach promptly if my player cannot attend.
- Commit to my player's attendance at ALL team league games, tournaments, and State Cup play.
- Volunteer for team and club activities as required.
- Familiarize myself with the Laws of the Game and respect officials' decisions.
- Not engage in unsportsmanlike conduct with any official, coach, player, or parent, understanding that violations may result in suspension from attending my child's future games or club activities.
- Support the coach and the team without interfering with coaching decisions.
- Accept the coach's decisions regarding playing time, positioning, and tactics, and adhere to the 24-hour rule before addressing concerns. We advise all parents to wait 24-hour after a game or incident before contacting the coach to discuss any concerns, allowing emotions to settle and enabling a more productive conversation.
- Comply with all club rules, policies, and procedures.
- Not act in any way that is detrimental to the team or Virginia Valor FC.

## Year Long Commitment

We recognize that the players' and coaches' commitment to Virginia Valor FC and to each other is for the soccer year, encompassing the fall, winter, and spring seasons.

A player on a Virginia Valor FC rostered team may not transfer to another ECNL regional league club or ECNL national league club within the seasonal year regardless of what other league your child plays in: NCSL, NPL



# Virginia Valor FC Player and Parent Commitment Agreement and Assumption of Risk

and EDP. An ECNL-RL rostered player is ineligible to transfer to any other team affiliated with an ECNL-RL club within the same seasonal year except as follows: the player has moved to the geographical area of the new club and beyond reasonable travel distance of the old club AND both Directors agree to the transfer.

A player who has committed in writing, or by on-line registration, to play for an ECNL-RL club team in the next seasonal year is ineligible to play for another ECNL-RL club team in ECNL-RL league play for the fall season of the next seasonal year unless the player has moved to the geographical area of the new club and beyond reasonable travel distance of the old club AND both Directors agree to waive the restriction.

## Age Group Transition

Beginning with the 2026–2027 seasonal year, Virginia Valor FC is transitioning to an August 1 – July 31 birth year cutoff for age group placement, aligning with the standards set by U.S. Soccer, ECNL, and other national governing bodies. This change may affect which age group a returning player is placed in compared to prior seasons. Families with questions about how this transition impacts their player should contact the club's Director of Coaching.

## Communication Expectations

Virginia Valor FC uses the following official communication channels to share important information with players and families. All families are expected to monitor these platforms regularly:

**PlayMetrics** – The club's primary registration and communication platform. Families must maintain an active PlayMetrics account and enable notifications for club and team announcements.

**Email** – Official club and team communications, including scheduling updates, policy changes, and administrative notices, are sent via email. Parents are responsible for reading all emails from club and team staff in a timely manner.

**Club Website** ([virginiavalorfc.org](http://virginiavalorfc.org)) – The club's website is the central source for policies, schedules, field information, and program details.

**Team Communication Apps** – Individual teams may use messaging apps (such as TeamSnap, WhatsApp, or similar platforms) for day-to-day coordination at the discretion of the team coach. Parents are expected to join and monitor any team-designated communication channels.

Failure to monitor official communication channels does not exempt a family from compliance with club policies, schedules, or deadlines.

## Social Media and Online Conduct

Virginia Valor FC expects all players and parents to conduct themselves respectfully in online and social media spaces. The following guidelines apply to all club-related online activity:

Players and parents shall not post, share, or endorse content on social media or other online platforms that is negative, defamatory, or disparaging toward Virginia Valor FC, its coaches, staff, officials, players, or families. Concerns about coaching decisions, team matters, or club operations should be addressed privately through the appropriate club channels — not aired publicly on social media.



# Virginia Valor FC Player and Parent Commitment Agreement and Assumption of Risk

Players should exercise good judgment when posting about their soccer experience and should not share content that could reflect negatively on themselves, their teammates, or the club.

Violations of this policy may result in disciplinary action, including suspension from team activities or dismissal from the club.

## Social Media

By signing this agreement, the parent or legal guardian grants Virginia Valor FC permission to photograph, video record, and otherwise capture the likeness of the player during club-related activities including, but not limited to, practices, games, tournaments, showcases, and club events. These images and recordings may be used by the club for promotional and informational purposes, including the club website, social media accounts, printed materials, sponsor communications, and media coverage.

No compensation will be provided for such use. Families who wish to opt out of the media release must submit a written request to the club's Director of Operations prior to the start of the seasonal year.

## Weather Cancellation Policy

Virginia Valor FC follows all Fairfax County field closure policies regarding weather-related cancellations. When county fields are closed due to weather or field conditions, all outdoor training sessions on county fields are automatically canceled. Families can check field status at [virginiavalorfc.org](http://virginiavalorfc.org) or through Fairfax County's official field status resources.

In the event of severe weather (lightning, extreme heat, or hazardous conditions), coaches will make a determination regarding the safety of any session. Cancellations and schedule changes will be communicated via email, PlayMetrics, and/or the team's designated communication channel as soon as possible. Families should not assume an event is canceled unless official notification has been provided by the coach or club.

## Inclusion and Anti-Harassment Statement

Virginia Valor FC is committed to providing a safe, welcoming, and inclusive environment for all players, families, coaches, and staff regardless of race, color, religion, national origin, gender, gender identity, sexual orientation, age, or disability. Harassment, bullying, discrimination, or retaliation of any kind will not be tolerated.

Any player, parent, or staff member who experiences or witnesses harassment or discriminatory behavior should report it to the Director of Operations or the Director of Coaching. All reports will be taken seriously and investigated promptly. Virginia Valor FC reserves the right to take disciplinary action, up to and including dismissal from the club, against any individual found to have violated this policy. For additional information about safeguarding resources, please visit the SafeSport Resources page at [virginiavalorfc.org](http://virginiavalorfc.org).



# Virginia Valor FC Player and Parent Commitment Agreement and Assumption of Risk

## Financial Obligation

We understand and accept the following financial terms outlined below to play with Virginia Valor FC:

- Annual player club dues for the year beginning July 1, 2025, are \$3,250, which includes a \$400 non-refundable commitment fee. Payment options include a lump sum or an installment plan with applicable fees.
- Payment methods: credit card (preferred, no processing fees), check, or e-check.

**Payment in Full:** Due upon acceptance, no later than **July 15: \$3,250** (no discounts available).

**Please note that all credit card processing fees are now included in the payment amount. As a result, we do not offer any discounts for payments made in full.**

-OR-

**Installment Plan #1:** Note: if using this installment plan, there will be a \$12 installment fee per installment date.

Due Date	Club Dues	Installment Fee	Total Due
At Acceptance	\$400.00 (Non-refundable Commitment fee)	--	\$400.00
July 1	\$475.00	\$12.00	\$487.00
August 1	\$475.00	\$12.00	\$487.00
September 1	\$475.00	\$12.00	\$487.00
October 1	\$475.00	\$12.00	\$487.00
November 1	\$475.00	\$12.00	\$487.00
December 1	\$475.00	\$12.00	\$487.00
<b>Total</b>	<b>\$3250.00</b>	<b>\$72.00</b>	<b>\$3322.00</b>

**A late fee of \$25 will apply to any payment received past the due date.**

-OR-

**Installment Plan #2:** Note: if using this installment plan, there will be a \$12 installment fee per installment date.

Due Date	Payment Amount	Installment Fee	Total Due
At Acceptance	\$400.00 (Non-refundable Commitment fee)	--	\$400.00
July 1	\$712.50	\$12.00	\$669.50
August 1	\$712.50	\$12.00	\$669.50
September 1	\$712.50	\$12.00	\$669.50
October 1	\$712.50	\$12.00	\$669.50
<b>Total</b>	<b>\$3250.00</b>	<b>\$48.00</b>	<b>\$3298.00</b>



# Virginia Valor FC Player and Parent Commitment Agreement and Assumption of Risk

**A late fee of \$25 will apply to any payment received past the due date.**

Refunds are not issued to players who leave during the seasonal year. We recognize that should a player decide to leave a team for any reason before the end of June 2027, player's parent is still responsible for any monies owed to the club to cover all club dues and all team fees including those for events which will occur after the player's departure, but which are budgeted prior to our release request. Additionally, if a player leaves the team, no monies paid, donated or fundraised will be refunded.

Dismissal Policy: A player dismissed from the team due to behavioral issues, repeated violations of the player code of conduct, or a parent's continued breach of the parent code of conduct will not be eligible for a refund. Any outstanding financial obligations will remain in effect, and all club and team dues must still be paid in full. Virginia Valor FC reserves the right to remove any player or parent who does not uphold the club's standards, policies, or expectations without financial reimbursement.

Financial assistance is available for those families that qualify (volunteer coached teams not eligible for financial aid). To see if you qualify for financial assistance, please fill out and submit an application and provide the necessary documentation to VIRGINIA VALOR FC. **NOTE: Financial assistance is for Virginia Valor FC club dues only and does not cover additional team expenses. Players receiving financial assistance are still responsible for paying these team expenses. This application is due no later than Jun 15. The form should be completed during your player's acceptance registration.**

**Failure to fulfill your financial obligations will result in the suspension of your player's eligibility to play with Virginia Valor FC until all payments and applicable late fees are current. Player cards will be held or withdrawn for failure to meet financial obligations.**



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## ASSUMPTION OF RISK

Training for and playing soccer carries with it certain risks that cannot be eliminated regardless of reasonable care taken to mitigate such risks. Soccer is a vigorous team sport involving severe cardiovascular stress, exertions of strength using various muscle groups, quick movement involving speed and change of direction, and potential contact with equipment, fixed objects, and other participants (including participants that are older or younger and may be larger or smaller in terms of height and weight). The specific risks vary from (1) minor injuries such as cuts, bruises, muscle strains or sprains, to (2) major injuries such as broken or fractured bones, concussion or lost teeth, to (3) catastrophic injuries, such as heart attacks or fractured skull or those that cause disfigurement, loss of mental capacity, loss of sight, speech or hearing, paralysis or death. Participants may also be exposed, or expose others, to contagious and potentially harmful or deadly diseases such as influenza, common cold, chicken pox, meningitis or measles. This risk includes exposure to COVID-19, the virus that causes the coronavirus disease.

In addition, Participants may also be exposed to risks while travelling for club activities including vehicular accidents and those risks arising from hotel stays; exposure to large crowds; and exposure to risks related to the receipt of treatment for any physical or mental condition.

By signing this statement the Participant and his or her Parent/Guardian acknowledge that they have (1) read the previous paragraph (2) understand the nature of the activities offered by Virginia Valor FC; (3) understand the demands of those activities relative to the physical condition and skill level of Participant; (4) appreciate the types of injuries and illnesses that could occur and (5) understand the risks related to travel and treatment which may occur as a result of participation with Virginia Valor FC.

**Participant and Parent/Guardian hereby acknowledge that participating with Virginia Valor FC and use of facilities utilized by Virginia Valor FC and services is voluntary, and that Participant and Parent/Guardian knowingly and expressly assume all related risks.**

Virginia Valor FC complies with the Commonwealth of Virginia's youth sports concussion safety laws. Any player who is suspected of sustaining a concussion or head injury during a practice, game, or club event will be immediately removed from play and may not return to participation until the player has been evaluated and cleared in writing by a licensed health care provider. Parents are responsible for providing the written medical clearance to the team coach and the club before the player resumes any physical activity. Virginia Valor FC coaches and staff will complete concussion awareness training as required by Virginia law.



**Virginia Valor FC  
Player and Parent Commitment Agreement  
and  
Assumption of Risk**

**ACKNOWLEDGEMENT & AGREEMENT**

By electronically signing this document, I acknowledge that I have read, understood, and agreed to all terms and conditions outlined in this agreement, including the Player and Parent Commitment, Year Long Commitment, Communication Expectations, Social Media and Online Conduct, Photo, Video, and Media Release, Weather and Cancellation Policy, Inclusion and Anti-Harassment Statement, Financial Obligation, and Assumption of Risk sections. I understand that my electronic signature has the same legal effect as a handwritten signature and constitutes a binding agreement.

<b>PLAYER NAME</b>	<b>DATE</b>
<b>LEGAL GUARDIAN SIGNATURE</b>	<b>PRINTED NAME</b>